

VINAYAKA MISSION'S RESEARCH FOUNDATION VINAYAKA MISSION'S KIRUPANANDA VARIYAR MEDICAL COLLEGE & HOSPITALS



Variyar Medical College & Hospitals, Salem - 636308.

Vinayaka Mission's Research Foundation (Deemed to be University)

Medical Education Unit

Cordially invites students for

MEGA

(Medical Education & Global Advancement) Webinar Series 2021 – 04

on

Emotional Resilience and Mindfulness

Date 24.06.2021 **Time** 11.00 am - 12.00 pm



Mr. R. AJEETHKUMAR,

Clinical Psychologist, Department of Psychiatry, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.